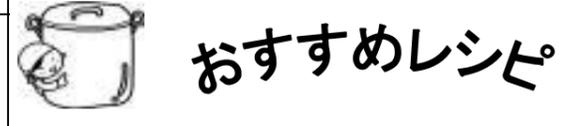


Main table of school lunch menus for the period 9/29 to 10/13. Columns include date, menu items, and energy/nutrient values. Includes a legend for '栄養三色' (Nutritional Colors).

Summary row for energy and nutrient intake (エネルギーたんぱく質) for each day.

Summary row for the following week's menu dates (10/14 to 10/25).



おすすめレシピ

いも子汁 10月7日(金)

- Recipe for 'いも子汁' (Sweet Potato Soup) with ingredients and instructions. Includes a small illustration of a child.

Summary row for energy and nutrient intake for the week of 10/14 to 10/25.

学校給食費: 1食あたり 220円